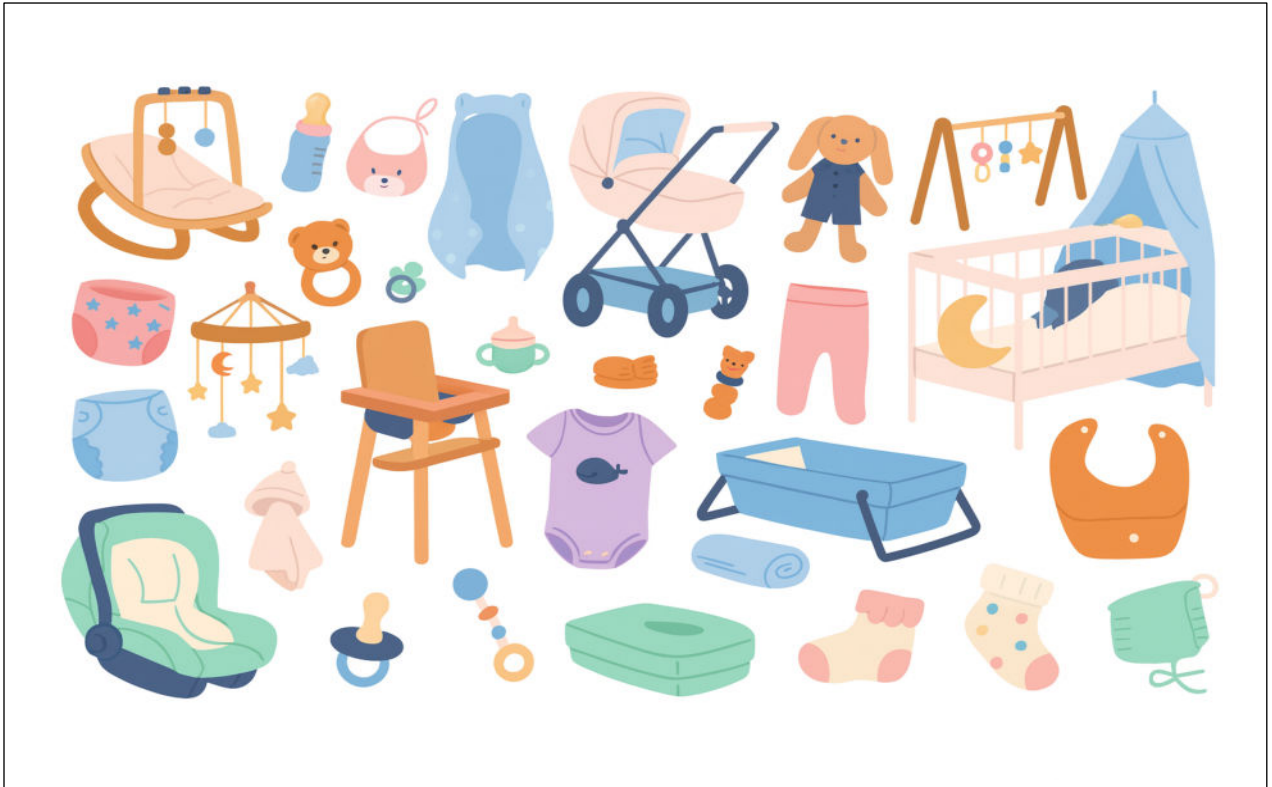# Baby Care Guide

Tips and Essentials for New Parents

iBCB

Baby Care Guide – English Version

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👶 Introduction

Welcome to this practical guide dedicated to new parents ❤️.

Here you will find essential advice to prepare for your baby's arrival 🍼.

We accompany you with simple and effective tips to live this wonderful adventure with peace of mind🌟.

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🍼 Checklist – Part 1

Before your baby arrives, some items are essential 🧸:

• Diapers and wipes 🏞️

• Bottles and pacifiers 🍼

• Suitable clothing 👕

• Safe crib or bassinet 🛏️

• Approved car seat 🚗

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🎒 Checklist – Part 2

Other essentials to plan 🎯 :

• Changing table 🧷

• Appropriate hygiene products 🧴

• Thermometer 🌡️

• First aid kit ⛑️

• Toys and comforters 🧸

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🏠 Practical Tips – Part 1

Some useful tips to start well 📝:

• Prepare a calm and secure space for the baby 🛏️

• Always have a bag ready for outings 🎒

• Never leave your baby alone on a high surface ⚠️

BABY CARE
PRACTICAL TIPS – PART 1

GIVE SKIN-TO-SKIN CARE

SWADDLE YOUR BABY

PRACTICE TUMMY TIME

CHANGE THE DIAPER FREQUENTLY

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🌿 Practical Tips – Part 2

Other recommendations 👩‍👧:

• Maintain a pleasant room temperature 🌡️

• Establish a regular sleep routine 💤

• Take care of yourself too ❤️

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🖼️ Safety – Part 1

Safety is paramount 🚸:

• Check the crib fastenings 🔒

• Never leave small objects within reach ❌
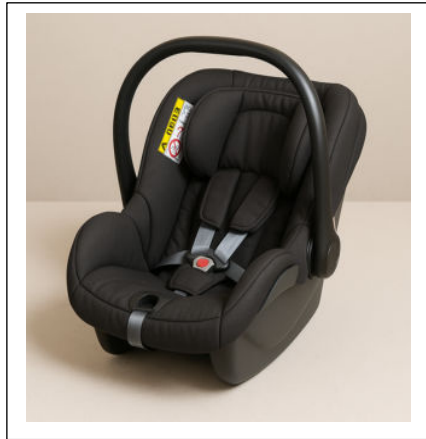
• Use safety gates if necessary 🚪

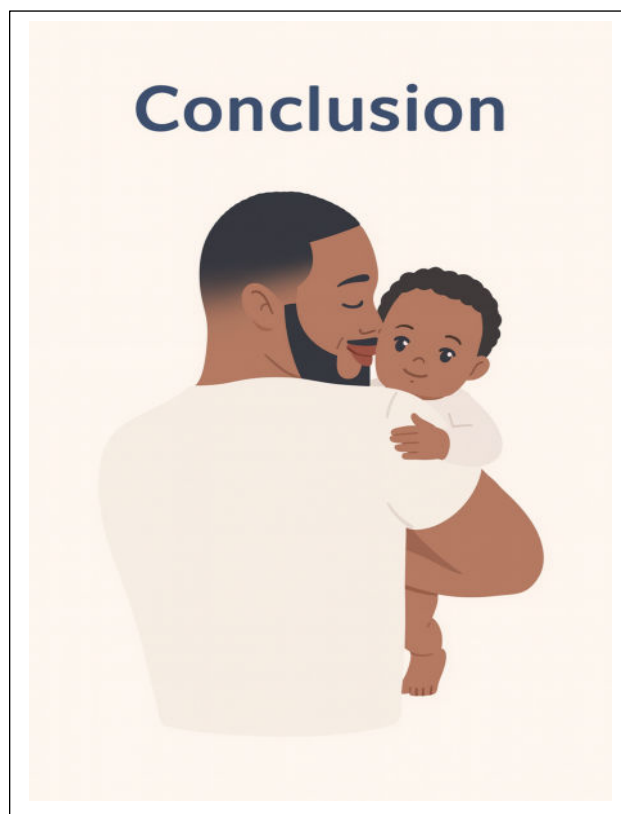👉 🍼👶🧸 🇬🇧 👉 Access more content by clicking here.

🚗 Safety – Part 2

Car safety 🚙:

• Always install your baby in an approved car seat ✅

• Properly fasten the straps 🎯

• Never leave your baby alone in the vehicle ⚠️

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❤️ Conclusion

Thank you for trusting *iBCB* 🙏.

We support you at every step of your parenting journey ❤️.

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